LETTER TO THE EDITOR- IN RESPONSE TO PUBLISHED ARTICLE

Sir,

I have read the interesting article "Comparative outcome study between simple closure and flap technique in Pilonidal sinus disease" by Dr. Ram Magar and Dr. Rupal Magar published in your journal on 15th March 2022. According to this valuable study; Limberg flap method has has been found to have better outcome with less wound infection, wound disruption, postoperative discharge and recurrence rate compared to simple closure group. And as stated, it is safe and easy procedure. So it is recommended that Limberg flap method should be used in the treatment of pilonidal sinus disease over other modalities.[1]

In our 767 patients study group results, we had recommended Limberg Flap Repair Technique for surgical treatment of pilonidal sinus disease. This technique had an acceptable “short” 'Return to Work Outcome' when compared with open techniques. Also had the smallest postoperative infection rate and low recurrence rate.

Still in our daily surgical practice, earlier healing, shorter return to work, lower rates of infection and recurrence are the major factors that make us to use Limberg Flap Repair Technique mostly. Moreover, it is easy, fast, and practical to apply.[2]

References:

1. Magar Ram, Magar Rupali; Comparative outcome study between simple closure and flap technique in Pilonidal sinus disease. VIMS Health Science Journal., Vol. 9 No. 1 (2022) March.
2. Osmanoglu Gokhan, Yetsir Fahri; Limberg flap is better for the surgical treatment of pilonidal sinus. Results of a 767 patients series with an at least five years follow-up period. Chirurgia (Bucur)., 2011; 106(4): 491-494.